



COME AS YOU ARE:

Hindsight is 

NATIONAL EATING DISORDERS AWARENESS WEEK

February 24 - March 1, 2020

#NEDAwareness
#ComeAsYouAre

Did You Know?

- 1 in 5 women struggle with an eating disorder or disordered eating (*NIMH*)
- 25% of college-aged women engage in bingeing and purging as weight management techniques. (*Renfrew Center, 2003*)
- 91% of women surveyed on a college campus has engaged in dieting, 22% dieted “often” or “always” (*Kurth et al, 1995*)
- The most common behavior that will lead to an eating disorder is dieting (*Natalia Zunino, Ph.D*)

If you are concerned about your behaviors or attitudes about food or weight, please take the eating disorder online screening.

You can access the Mental Health Online Screening Program link directly via the Administrivia Channel in the Students tab of MyWellesley.

You can contact a Stone Center staff member at 781-283-2839 to talk more about the results of your screening.

??whuang2 781-283-2839 (M-F 8:30-4:30)

www.wellesley.edu/counseling

Emergencies 781-283-2839 Evenings or Weekends
or Campus Police 781-283-5555 (24 hrs)



Accessibility and Disability Resources
accessibility@wellesley.edu

Exp. 3/2/20