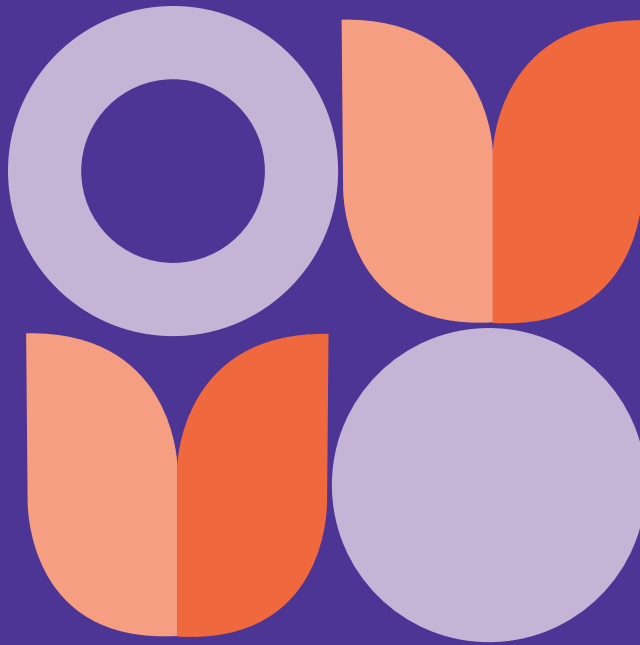


ORIENTATION PROGRAM 2022



DARE
— *to* —
FLOURISH

WELLESLEY
NEW STUDENT ORIENTATION



WE ARE DELIGHTED THAT YOU'RE JOINING THE WELLESLEY COMMUNITY!

During New Student Orientation you'll meet classmates, staff and faculty, and get started on what will be a memorable and important time in your academic and professional journey. The next few days are designed specifically for you. Our goal is for you to participate in as many programs as possible—particularly those that feel meaningful to your Wellesley experience. This is your opportunity to meet your sibs, try something new, get a feel for campus and have fun! Look for the flower buds throughout the schedule indicating events that the Orientation Team thinks you might really enjoy. The New Student Orientation team, in addition to numerous other student leaders and campus support resources, are available to answer any questions you may have.

For the most up-to-date information, double check **Wisr** for event updates (if you have an iPhone, be sure to download the WisrCommunity app!). As you enjoy the activities, use **#wellesleycollege**, **#Wellesley2026**, and **#daretoflourish** on your Social Media!

***DARING WITH YOU,
THE NEW STUDENT ORIENTATION TEAM***

➤ **SUNDAY, AUGUST 28–
WEDNESDAY, AUGUST 31**

**INTERNATIONAL STUDENT MOVE-IN
& ORIENTATION**

Please check your International Student Orientation schedule for event details.

➤ **WEDNESDAY, AUGUST 31**

8am–12pm Domestic Student Move-in

First stop: move into your new home! Please refer to the campus map for residence hall locations and designated drop-off areas. Student leaders and professional staff will be available to greet and assist with key distribution, finding your room, and getting settled in.

11:30–2pm Lunch in the Dining Halls

Designated Dining Halls

Guests are invited to eat lunch in the dining halls with their student. To avoid increased crowding in the dining halls, families and students are expected to eat in the dining hall that corresponds with the students' residence hall. Guests and students who would like a kosher or halal meal may go to the indicated dining hall (see below).

Munger, Cazenove, Beebe, Pomeroy, Shafer:
*Bae Pao Lu Chow (4th floor Campus Center)**

Stone Davis: *Stone Davis Dining Hall***

McAfee & Bates: *Bates Dining Hall*

Tower, Claflin, Severance: *Tower Dining Hall*

**Halal **Kosher*

12–2pm Campus Resource Fair

Tishman Common (1st Floor Campus Center)

Families and students are invited to attend this informational event. Departments from across campus will be present to answer questions and share how they help students flourish at Wellesley.

2–3pm Wellesley Welcome Ceremony

Alumnae Hall Auditorium



Families and students are invited to this New Student Orientation opening event. During the first part of this session you will hear from President Johnson, as well as Sheila Shaw Horton, Dean of Students, and Shannon Mokoro, First-Year Dean. Next, we'll have a panel of leaders from offices across campus who will answer the questions their department hears the most.

3:15–4pm Res Hall Hello and Family Farewell

Families and students will have the opportunity to connect with their Residence Hall leadership team and hear a bit about the community. Afterwards, families should plan to say goodbye to their students, as students will head to meet with their RA and their hall at 4pm.

Residence Hall Meeting Locations:

Stone Davis: *Stone Davis 1st floor Living Room*

Bates & McAfee: *McAfee Dining Hall*

Claflin & Severance: *Claflin Living Room*

Cazenove & Beebe: *Cazenove Green Room*

Tower: *Tower Great Hall*

Pomeroy & Shafer: *Pomeroy Living Room*

Munger: *Munger Living Room*

4–5pm [Students] RA + Hall Connect

Various Residence Halls

Students will have the opportunity to meet their hallmates and connect with their RA.

4–5pm [Families] Farewell Reception

Alumnae Ballroom

This Farewell Reception is for families only. It's an opportunity to meet other parents and families, chat with staff from across the College, and have some light refreshments before leaving campus and heading home.

5–7pm Dinner with Orientation Mentor Groups

Various Dining Halls (determined by OM)

New students meet over dinner with their Mentor groups and continue to get to know each other. Be sure to check your email or Wisr group for instructions on where to meet your Orientation Mentor.

7–8:30pm New Student Welcome

Alumnae Hall Auditorium



Welcome to Wellesley, we are so excited to see you! As your Orientation Team, we have spent months planning for your arrival, and now you're finally here. Get ready to learn all about student-led resources available on campus and what makes your class just so special!

8:30–10pm First-Year All Hall Gathering

Various Residence Halls

Students return to their residence halls for Residential Life programs.

➤ THURSDAY, SEPTEMBER 1

NEW STUDENT ORIENTATION

7:30–10am Breakfast
Bates, Tower Court, Stone Davis and Lulu Chow Wang Campus Center Culinary Centers

A Continental breakfast will be available 7–7:30am.

9–9:45am Wellness Break: Mindfulness Meditation
Chapel

Join Buddhist Chaplain, John Bailes, for a guided mindfulness meditation to nurture yourself as you begin your time at Wellesley. All are welcome!

10–11am Dare to Flourish: Faculty Perspectives on the Liberal Arts
Alumnae Hall Auditorium



Dean Michael Jeffries and a panel of expert faculty members will provide guidance on how to make your first academic choices, try out new fields of study, and take advantage of all that Wellesley's academic curriculum has to offer.

11am–2pm Campus Tours with OM Groups
Meet-up location determined by your OM

Come along as your Orientation Mentor takes you to explore the campus. You'll see where your classes might be, get exposed to some Wellesley lore, see the beautiful nature Wellesley has to offer, and more! Be sure to check in with your OM to learn where your group will be getting started.

11:30am–2pm Lunch with OM Groups
Various Dining Halls (determined by your OM)

While the Dining Halls are open from 11:30-2pm for lunch, you will work with your OM leader to determine if lunch should happen before, in the middle, or after campus tours.

1–2pm Campus Tours with OM Groups
Campus Tours continued! Check out any last locations and enjoy the outdoors with your OM Group!

2–4pm Academic Advisor Meetings
Location determined Faculty Advisor



First-Year Students will meet with assigned faculty advisors, to consult about how you can make a great start at Wellesley. Please check your Wellesley email for information from your faculty advisor about meeting locations.

Transfer & Exchange students, check your Wellesley email for information about your meeting during this time.

4pm–5pm Wellness Break:
Make Your Own Self-Care Kit
Alumnae Ballroom

As a college student, you have a lot on your plate! Between classes, time with friends, homework, org meetings, and all that's in between—it can be hard to know where to start to balance your wellbeing. Join Student Wellness as we explore a balanced, holistic approach to your self-care. We will also have items to build your own self-care kit, including ear plugs, sleep masks, sunscreen, tea, journals, and more!

5–7pm Dinner with your floor community (led by your RA + ASC)
Various Dining Halls

Spend some time eating in community with your RA and ASC! Meet for dinner in your corresponding dining hall. Your RA & ASC will create an area that's easy for you to find and meet up!

7–8:30pm Welcome to Blue Nation:
Field Hockey Game
Field Hockey Field



Cheer on your Wellesley Sibs in Field Hockey's home opener against Framingham State! Stop by one of the dessert trucks (Dels & Kettle Corn!) for a snack before finding your seat. First 200 attendees will receive a water bottle.

7–10:30pm KSC Night
KSC Field House and Pool



Come and PLAY with PERA! The Night at the KSC will have mini golf, pick up volleyball and info tables about our programming and upcoming special events. Take a tour of the fitness center and be the first to experience our new instruction based cardio equipment zone. Bring your bathing suits and float around at our Dive In Movie featuring Finding Nemo! We can't wait to see you at the KSC—you may even leave with some special swag!



FRIDAY, SEPTEMBER 2

7:30–10am Breakfast
Bates, Tower Court, Stone Davis and Lulu Chow Wang Campus Center Culinary Centers

A Continental breakfast will be available 7–7:30am.



ACADEMIC SUCCESS AND SKILL BUILDING WORKSHOPS

9am–12pm *Science Center: Hub Focus & Classrooms*

These workshops are specifically designed to prepare you for your time at Wellesley! See the schedule below for workshop details. We recommend looking over the descriptions and determining which workshops you'd like to attend in advance.

SESSION 1: 9:00–9:50AM

Workshop 1: It's About Time!

Location: H105

Learn easy, practical and flexible time management tips from Wellesley's peer coaches, the ASCs (Academic Success Coaches). The ASCs will help you determine how to plan and schedule time for your coursework, how to set up your calendar so you never miss an important due date, and still have time for friends, family and fun!

Workshop 2: Learning in Community: The Power of Our Internal Messages

Location: H403

You have joined a diverse and inclusive community. Deepen your understanding of the implicit bias we all carry and its impact on others to strengthen your relationships.

Workshop 3: Building Resilience: Understanding Stress vs. Distress

Location: H101

This workshop focuses on differentiating between stress and distress. You will explore, and work through, stress management techniques through experiential learning and journaling.

Workshop 4: First to Flourish

Location: H401

Support for First-Gens through the Office of Student Success.

Workshop 5: Getting Your Zzz's to Get Your A's, Rest Relax Refresh!

Location: H305

Join Student Wellness to learn how sleep can set you up for success! Sleep impacts our immunity, focus, memory, mood and much more... and while being a college student can provide some barriers to regular sleep, we will explore strategies to help you get more rest for a more refreshed you!

SESSION 2: 10:00–10:50AM

Workshop 1: Start Smart

Location: H105

Join the Wellesley College ASCs in this hands on session and learn how to organize your course materials, create a success plan for each of your courses, connect with faculty and other students in your classes and use the college catalog, course browser and your course syllabi as tools to help you start the semester off right.

Workshop 2: Involvement Matters: Take the Leap!

Location: H401

Learn from student leaders and campus partners about exciting traditions and events that happen throughout the year. Find out how to get involved in student organizations and campus wide opportunities that will connect you with your fellow sibs.

Workshop 3: Designing Your Wellesley: Exploring Paths to Reach Your Goals

Location: H403

Hoping to make the most of your Wellesley experience? Need help finding your way? This Career Education workshop will help you explore different paths to achieve your goals, both big and small, and help you learn how to navigate any rough terrain along the way.

Workshop 4: Embracing Challenge, Curiosity, and Courage: Faculty Perspectives on Flourishing at Wellesley

Location: H101

At Wellesley, you might find yourself being pushed out of your intellectual, socio-emotional, and cultural comfort zones in many, or even all of your courses. Hear from faculty about why this may not only be normal, but even beneficial for your ultimate goals of intellectual and personal fulfillment. In this panel, faculty share tips and advice on the many paths to flourish at Wellesley—and how these paths are almost always bumpy and frustrating yet can be simultaneously engaging and rewarding!

10am–2pm Language Fair: Flourishing in Wellesley's Languages

Location: HUB Focus

Stop by our tables and meet faculty from Wellesley's language departments and programs to learn about our amazing offering of courses, internships, and study abroad programs.



ACADEMIC SUCCESS AND SKILL BUILDING WORKSHOPS, CONTINUED

SESSION 3: 11:00–11:50AM

Workshop 1: Embracing Challenge, Curiosity, and Courage: Faculty Perspectives on Flourishing at Wellesley

Location: H101

At Wellesley, you might find yourself being pushed out of your intellectual, socio-emotional, and cultural comfort zone in many, or even all of your courses. Hear from faculty about why this may not only be normal, but even beneficial for your ultimate goals of intellectual and personal fulfillment. In this panel, faculty share tips and advice on the many paths to flourish at Wellesley—and how these paths are almost always bumpy and frustrating yet can be simultaneously engaging and rewarding!

Workshop 2: It's About Time!

Location: H105

Learn easy, practical and flexible time management tips from Wellesley's peer coaches, the ASCs (Academic Success Coaches). The ASCs will help you determine how to plan and schedule time for your coursework, how to set up your calendar so you never miss an important due date, and still have time for friends, family and fun!

Workshop 3: Getting Your Zzz's to Get Your A's, Rest Relax Refresh!

Location: H305

Join Student Wellness to learn how sleep can set you up for success! Sleep impacts our immunity, focus, memory, mood and much more...and while being a college student can provide some barriers to regular sleep, we will explore strategies to help you get more rest for a more refreshed you!

Workshop 4: Learning in Community: The Power of Our Internal Messages

Location: H403

In this workshop, participants will deepen their understanding of the implicit bias they carry and its impact. They will also increase strategies to counter implicit bias.

Workshop 5: Involvement Matters: Take the Leap!

Location: H401

Learn from student leaders and campus partners about exciting traditions and events that happen throughout the year. Find out how to get involved in student organizations and campus wide opportunities that will connect you with your fellow sibs.

12–2pm

Class Picnic

Lulu Lawn (If inclement weather, move into dining halls)

Join your classmates on the Lulu Lawn for a delightful picnic lunch. All new students are invited to attend. To help with crowding, we have designated a time for each OM group to get in line for food. Please consult your OM for details.

2–3pm

Break

Take this time to rest and rejuvenate! You can also participate in the Cultural House Tours or the Jum'ah Prayers & Chai with Chaplain Amira during this time (see descriptions below).

2–3pm

Cultural House Tours

Meet at Hay Amphitheater at 1:45pm

The Cultural Houses are intended to provide social, emotional, cultural and academic support to underrepresented students as well as international students. Additionally, the cultural houses provide educational and cultural programming for the Wellesley College community. The houses you will be visiting during this tour are Acorns, Harambee, and Slater International Center. If you already know where the cultural houses are, you can meet everyone there at 2:00pm! If not, meet at the Hay Amphitheater at 1:45pm and we'll take you over!

2–3pm

Jum'ah Prayers & Chai with Chaplain Amira

HMC Multifaith Center

Meet the chaplain and other Muslim students over chai, cookies and activities that explore personal connections and community. Learn about spiritual journeys of Muslim women of Wellesley and experience a Jum'ah prayer service led by women.

3–4pm

Beyond Violence Prevention: Flourishing in Relationships

Alumnae Hall Auditorium



As we come together as a community, it's important to understand and establish community values around how we treat one another and the relationships in our lives. In this session, we will explore topics of identity, consent, sexuality, and bystander intervention as we envision what it means to thrive in the relationships we have with ourselves and others.

4–5:30pm **Wellness Break: Kickin’ it**
KSC Upper Field

Join College Government, ResLife and the Athlete Mentors as we kick off the weekend with tie dye, lawn games and kickball!

5–7pm **Dinner with Campus Groups @ 5:30pm**
Various Dining Halls

Looking for someone to eat with? Look no further! Starting at 5:30, meet student leaders from orgs and departments across campus! Join them for dinner and conversation in the designated dining halls below—they look forward to meeting you!

Peer Health Educators (PHEs):
Stone-Davis Dining Hall

First-Gen & Office of Student Success (OSS):
Bates Dining Hall

Athletic Mentor Program (AMPs):
Lulu Chow Wang Campus Center

Cultural Inclusion Facilitators (CIFs):
Tower Dining Hall

5:30–6:30pm **Shabbat Dinner**
Billings 200

Get to know your classmates and other members of the campus Jewish community as we welcome in Shabbat over a delicious kosher meal.

7–8pm **Substance Use Harm Reduction**

Bates, McAfee, and Freeman residents:
Collins Cinema

Stone Davis residents: *Stone Davis Living Room*

Beebe, Cazenove, Munger, Pomeroy, and Shafer residents: *Jewett Auditorium*

Clafin and Severance residents:
Pendleton East Room 239

Tower East and Tower West residents:
Pendleton East Atrium

House Presidents will lead this session discussing harm reduction strategies, covering basics on alcohol and substances, as well as bystander intervention tips to help a fellow sib in need. We will conclude with pour demonstrations to try your hand at measuring drink pours for safer use!

8:30–10:30pm **A Very Wellesley Block Party**
SCH Tennis Court

 Come get to know your new neighborhood! Get a taste of what’s on the menu at local restaurants, cheer on your new classmates as they show off their talents, compete in lawn games for the chance to win raffle prizes, and dance to music played by student DJs.

8:30–10pm **Dare to Create**
Multifaith Center

Dare to Create? Join us for a crafty and creative orientation event! We’ll be making different flower-themed crafts like origami, paper lanterns, and bracelets!

9–11pm **Movie Night**
Collins Cinema

Join us for a showing of *The Parent Trap* and plenty of popcorn and drinks!

 **SATURDAY, SEPTEMBER 3**

10:30am–2pm **Brunch**
Bates, Tower Court, Stone Davis and Lulu Chow Wang Campus Center Culinary Centers


A Continental breakfast will be available 8:30–10:30am.

10am–12pm **Flourishing Outside**
Munger Meadow (If inclement weather, held in Davis Plaza tent)

Join the Wellesley Botanic Gardens and Paulson Initiative to get to know our beautiful campus! Tour our outdoor gardens and discover hidden spots, enjoy a scavenger hunt in the Global Flora greenhouse, and get crafty with plant materials to dye yarn, make postcards, and create art! Meet student representatives from these organizations and learn how to get involved with plants, nature, and the outdoors on campus!

12–2pm **Lunch w/ OM Groups**
Various Dining Halls (determined by your OM)

2–4:30pm **Let Me Speak**
Alumnae Hall Auditorium

 Upperclass students speak out about Wellesley College and about how they continue to grow, dream, and discover themselves and others every day. Students will attend this program with their Mentor Groups, and have a time for discussion + reflection after the program.

5–6:30pm **Dinner**
*Bates, Tower Court, Stone Davis and *Lulu Chow Wang Campus Center Culinary Centers.*
**Bae Pao open until 8pm*

7–8pm **SHEopardy with SHEs & SAAFE**
Pendleton East Atrium

Join the Sexual Health Educators (SHEs) and Sexual Assault Awareness for Everyone (SAAFE) peer health leaders this evening for a continuation of the Flourishing in Relationships presentation. Stick around afterwards to compete with your friends in SHEopardy, the SHEs' trivia game all about sexual health!

8–9:30pm **CG Bingo Night**
Tishman Commons

 Join us for our first Bingo of the year! Bring your good luck charms and compete in this Wellesley tradition for fun prizes.

8:30–10:30pm **Game Night**
Lulu Campus Center, 4th Floor

Join your fellow classmates and student leaders for a night of fun and competition! Get ready for your classic game night with your sibs!

8:30–10:30pm **Scavenger Hunt**
Hay Amphitheater (If inclement weather, meet in Collins Cinema)

Join your classmates for an after dark scavenger hunt around campus. Challenge yourselves and win great prizes!

 **SUNDAY, SEPTEMBER 4**

10:30am–2pm **Brunch**
Bates, Tower Court, Stone Davis and Lulu Chow Wang Campus Center Culinary Centers

A Continental breakfast will be available 8:30–10:30am.

9am–12pm **Soulful Sunday**
Houghton Chapel

Join the college chaplains for a morning of community and connection through a variety of spiritual activities! Drop by Houghton Chapel to participate and meet the ORSL staff. Everyone is welcome regardless of religious affiliation or not! A light, outdoor brunch will be provided!

9am–12pm
Make your own dorm blessing
Chapel Lawn

9–10am
Yoga
Chapel Lawn (byo towel/mat)


10–11am
Group Meditation
Chapel Lawn

11am–12pm
Roman Catholic Mass
Chapel

11am–12pm
Protestant Christian Service
MFC (ground level of chapel)

11:30am–12pm
Meditation in Action (Tai Chi)
Chapel Lawn

2–3pm **Class Photo**
Hay Amphitheater

 Join this important Wellesley tradition of taking a photo with your class sibs! First-year students are asked to wear their class t-shirt for this photo. After Orientation, you may order this photo for yourself at panfoto.com. Transfer and exchange students should also plan to attend and will participate in a separate group photo (no specific clothing is required).

3–5pm **Break**

Take some time to rest + rejuvenate. You may also attend Rainbow Connection (*See description below*)

3–5pm **Rainbow Connection: Ice Cream Social**
Alumnae Ballroom

Come learn about LGBTQIA resources and queer social life at Wellesley in group discussions facilitated by student leaders. All LGBTQIA and questioning students—this one's for you!

5–6:30pm **Dinner with OM Groups**
Various Dining Halls (designated by your OM)

7–8pm **Destress with Aromatherapy!**
Pendleton East Atrium

Have tea and chat with the Balance Health Educators and Active Minds peer health leaders to learn about on-campus wellness, while relaxing over a DIY aromatherapy activity.

8:30–11pm **Dare 2 Dance**
Alumnae Ballroom



Join us for a night of fun and dancing at Dare 2 Dance! There will be scrumptious food (sushi, wings, chips and dips, fruits, cupcakes, mochinuts, and sparkling drinks), a Bachata* instructor and the opportunity to get polaroids at our photo booth!

**Dance lessons will take place 9-9:30pm!*

8:30–9:30pm **Dare to Destress**
Tishman Commons

Dare to Destress? Want to relax before your Wellesley journey begins? Come join us with many different destressing stations such as tote bag decorations, paint by numbers, slime asmr tub, and puzzles! There will be a mystery box with little goodies waiting for you at your arrival!

8:30–10pm **We're Not Really Strangers**
Davis Museum Plaza

Join us to play the popular card game with one of your new friends or even a complete stranger. Warning: You may leave this event with a new best friend!

➤ MONDAY, SEPTEMBER 5

4:30–6:30pm **Dean of Students Welcome Back BBQ**
Join the Wellesley student body for an outdoor barbeque to kick off the school year. Dining Halls will be closed.

UPCOMING EVENTS

TUESDAY, SEPTEMBER 6

Classes Begin

Welcome Week Event:
First Day Photo White Boards
12:30–2:30 pm
Tishman Commons

Convocation
5pm
Hay Outdoor Theater

Details regarding Convocation will be emailed to students in advance.

WEDNESDAY, SEPTEMBER 7

Welcome Week Event: Tie Dye
12:30–3:30 pm
Lulu Campus Center Event Lawn

THURSDAY, SEPTEMBER 8

Welcome Week Event: Bingo
7 pm
Tishman Commons

FRIDAY, SEPTEMBER 9

Headphone Disco
9 pm–12 am
Lulu Campus Center Event Lawn

SATURDAY, SEPTEMBER 10

Organizations Fair
2–4 pm
Severance Green

Welcome Week Event:
S'Mores Saturday
7–8 pm
Lulu Campus Center Outdoor Fire Pit

MONDAY, SEPTEMBER 12

Welcome Week Event:
Lawn Games
12–4 pm
Lulu Campus Center Lawn

SUNDAY, SEPTEMBER 18

Wellesley Tradition Event:
Flower Sunday
10:30–11:30 am
Chapel



PLEASE USE THE FLOWER BUDS ON THE MAP TO HELP GUIDE YOU TO EVENT LOCATIONS.



